



ESTEEM

Steps for Successful School Implementation

Compliant with -TX education code 28.004; amended with H.B. No. 1525 & SB 9.

1. Introduce program to superintendent, curriculum director, lead counselor/nurse.
2. Board resolution to direct School Health Advisory Council (SHAC) to recommend a curriculum.
3. Present program/curriculum to the SHAC.
4. Meet with campus principals - review sample implementation plans.
5. Hold **two** public meetings for parents/guardians and others to review the ESTEEM materials. *(Program staff can be there in person or virtually)*
6. School board adoption of the program recommended by the SHAC. *(Staff can attend in person or virtually)*
7. District to purchase leader kits for each teacher and workbooks for each student.
8. ESTEEM certification training. *(1-day)*
9. School sends out required parent permission forms with an invitation to a Parent Preview Night. *(Note: "6 Step Plan" recommended utilizing the parent portal, email, and/or text messages with incentives for returning a form.)*
10. Parent Preview Night with FREE resource packet, *Continuing Conversations* packet and student books to purchase. *(Optional - Build a Parent Tab on the school website with Parent resources & Continuing Conversations to download.)*
11. Anonymous and voluntary pre and post surveys *(Optional-feedback benefit.)*
12. Facilitators/teachers deliver 14 lessons *(recommended within a 4mo. period).*