

Name: \_\_\_\_\_

Grade: \_\_\_\_\_

# EXCURSION Lesson 1

## My Goals Light the Way

### Test Questions:

1. Knowing where you are going will help you know what kinds of things to pack in your suitcase so you are \_\_\_\_\_ and able to enjoy your trip.
2. Change a negative idea into a positive goal:  
I won't drink so much Dr. Pepper. → \_\_\_\_\_
3. In setting goals, you should remember your 5 Ws and 1 H: Who, What, \_\_\_\_\_, Where, \_\_\_\_\_, and How.
4. True friends will never make fun of your goals or try to get you to do things you know are wrong. T F

### Matching

- |   |   |
|---|---|
| 5. Junior College   | A profession for which one trains and is undertaken as a permanent calling.                         |
| 6. Career   | A two-year college that offers an associate's degree.   |
| 7. University   | A school that teaches skilled trades such as welding, computers, cosmetology, or automotive repair. |
| 8. Trade/Vocational School  | A school of higher learning that offers undergraduate degrees.                                      |
| 9. College  | A place of higher learning that grants undergraduate and graduate academic degrees.                 |
| 10. What are three positive goals you are working toward right now? |   |

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

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# ENVISION Lesson 6

## Don't get Drug Down with Strong Drink

### Test Questions:

1. \_\_\_\_\_ is the ability to do something you know is difficult.
2. Deciding not to do something is:  
a. an Addiction                      b. to Abstain  
c. Toxicity                              d. a Consequence
3. Smokeless tobacco (**does, doesn't**) causes damage to gum tissue and even leading to loss of teeth.
4. Loving pizza puts you at higher risk for using drugs and alcohol. **T F**
5. Is it better to decide now or in the moment of temptation how you will respond to someone who offers you drugs? **Now In the moment**
6. What is sometimes mixed with marijuana to make the batch last longer?  
a. Cheese                              b. Rubber  
c. Cow Manure                      d. Brussel Sprouts
7. There is no harm in smoking just one cigarette. **T F**
8. Does anyone have the right to touch you sexually against your will? **Yes No**
9. Staying abstinent from all risky behaviors will increase your chances for a happy, healthy future. **T F**
10. Who are two adults you can trust to help you when you find yourself in dangerous situations? \_\_\_\_\_

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# EQUIP Lesson 3

## Gearing Up For Changes in My Life

### Test Questions:

1. You will be more popular after you go through puberty. T F
2. Puberty is the \_\_\_\_\_ of life in which you become physically able to have a child, or reproduce.
3. It's important for boys to shower and use deodorant \_\_\_\_\_ during and after puberty.
4. During puberty, your sweat glands will begin producing perspiration under your arms and in your genital area. T F
5. Females have two ovaries which hold thousands of \_\_\_\_\_.
6. The 1<sup>st</sup> trimester is from fertilization to the 12<sup>th</sup> week. T F
7. What is one of your four choices if you get pregnant or get someone pregnant?  
\_\_\_\_\_
8. In 2010, teen pregnancy and childbirth accounted for at least (\$9.4 billion or \$4.9 million) in costs to U.S. taxpayers.
9. More and more young people are making the commitment to \_\_\_\_\_ until marriage to have sex!
10. In the future, when you become a parent-what types of fun things do you want to do with your sons/daughters?  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

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# EXPLORE Lesson 9

## Building Blocks for Solid Relationships in My Life

### Test Questions:

1. Friends help one another achieve goals and dreams. T F
2. What is the difference between a group of friends and a gang?
  - a. Love of Motorcycles
  - b. Criminal Activity
  - c. Signs and Secrets
  - d. Specific area boundaries
3. Gang members are \_\_\_ times more likely to be killed than other people.
4. Children who start dating too young are (more, less) likely to have behavioral problems than those who wait.

### Love or Infatuation?

5. I feel happy and then sad. It's an emotional roller-coaster; if he or she doesn't call me I'm crushed. Love Infatuation
6. I trust you and feel confident because of the security we share. Love Infatuation
7. Teen sexual activity often leads to long-term emotional intimacy. T F
8. Having sex before marriage makes it (harder, easier) to break up and harder to trust in a new relationship.
9. If sex is forced against someone's will, it's \_\_\_\_\_.
10. If you are raped or abused, it is NEVER your fault! T F

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# Embark Lesson 4

## Caution! Don't Trip and Catch an STD

### Test Questions:

1. Birth control pills will help protect you from contracting an STD. T F
2. HPV places a woman at high risk for more pimples. T F
3. You'll be safe from all STDs if you use a condom. T F
4. We discussed three types of STDs. What are they?
  - a. Prosaic, Virtual, and Bengal
  - b. Prototype, Visual, and Backlash
  - c. Protozoan, Viral, and Bacterial
  - d. Procambium, Visceral, and Bengal

### Matching

5. An exclusive sexual relationship between two people; each person in the relationship is only sexually active with the other. Sexual Abuse
6. One who has never engaged in any type of sexual activity. Virgin
7. Any forced, unwanted sexual activity by one person onto another. Monogamy
8. Hepatitis B can be cured with medicine from your doctor. T F
9. \_\_\_\_\_ is a decision someone makes to stop having sex and wait until marriage before having sex again
10. If you have been sexually abused, you should...
  - a. hide the truth
  - b. become a hermit
  - c. tell someone and get help
  - d. take up knitting