



## 10 Steps for Successful School Implementation

(According to TX education code 28.004 amended with H.B. No. 1525)

1. Present to superintendent, curriculum director, lead counselor, and/or lead nurse.
2. Present to School Health Advisory Council/SHAC.
3. Meet with Campus Principals.
4. Hold two public meetings so parents and others can review the ESTEEM materials. (ESTEEM staff can be there in person or virtually)
5. School Board adoption of the program.
6. Administrator signs agreement to present ESTEEM with fidelity according to the research. All students receive their own books, no copies allowed. All 10 lessons must be taught.
7. Provide ESTEEM Certification Training. (1-day)
8. School sends out parent/guardian permission form with an invitation to a Parent Preview Night.
9. Host a Parent Preview Night with FREE resources and student books to look through. Build an ESTEEM Parent Tab on school website with resources and parent/family worksheets to download. (optional)
10. Facilitators/Teachers deliver 10 lessons (recommended within a 3-mo. period).