

ESTEEM curriculum alignment with 2019 Texas HB and SB

H.B. No. 11, 18, 1026 / S.B. No. 11, 435

Assistance for district improvement plans

House Bill No. 1026

AN ACT relating to instruction in **positive character traits in public schools**. BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF TEXAS: SECTION 1. The heading to Section 29.906, Education Code, (a) The State Board of Education shall integrate positive character traits into the essential knowledge and skills adopted for kindergarten through grade 12, as appropriate is amended to read as follows: (a) The State Board of Education shall integrate positive character traits into the essential knowledge and skills adopted for kindergarten through grade 12, as appropriate. (b) The State Board of Education must include the following. positive character traits: **(1) courage; (2) trustworthiness, including honesty, reliability, punctuality, and loyalty; (3) integrity; (4) respect and courtesy; (5) responsibility, including accountability, diligence, perseverance, and self-control; (6) fairness, including justice and freedom from prejudice; (7) caring, including kindness, empathy, compassion, consideration, patience, generosity, and charity; (8) good citizenship, including patriotism, concern for the common good and the community, and respect for authority and the law; (9) school pride;** and (10) gratitude. Act takes effect September 1, 2019.

<i>Excursion 5th grade</i>	<i>Pages: 4, 5, 6, 28, 32, 33, 40, 50, 51, 60, 62, 64, 66, 75, 77, 83, 87, 88, 90</i>
<i>Envision 6th grade</i>	<i>Pages: 4, 5, 7, 24, 25, 29, 32, 33, 37, 40, 47, 50, 54, 58, 60, 63, 66, 67, 74, 80, 82, 88, 90, 91</i>
<i>Equip 7th grade</i>	<i>Pages: 4, 8, 19, 35, 41, 46, 56, 59, 61, 63, 66, 69, 72, 75, 77, 78, 80, 84, 90, 91</i>
<i>Explore 8th grade</i>	<i>Pages: 4, 5, 8, 12, 33, 34, 36, 40, 48, 55, 56, 58, 59, 62, 66, 68, 70, 72, 74, 78, 83, 91, 92, 93</i>
<i>Embark, high school</i>	<i>Pages: 4, 7, 8, 10, 12, 23, 40, 43, 50, 60, 62, 63, 65, 66, 67, 72, 77, 80, 82, 92</i>

Senate Bill No. 435

AN ACT relating to recommendations by local school health advisory **councils regarding opioid addiction and abuse education in public schools**. (6) appropriate grade levels and curriculum for instruction regarding opioid addiction and abuse and methods of administering an opioid antagonist, as defined by Section 483.101, Health and Safety Code. Act takes effect September 1, 2019.

**more information regarding opioid antagonist will be added to the 4th revision in 2020*

<i>Excursion 5th grade</i>	<i>Pages 42, 43</i>
<i>Envision 6th grade</i>	<i>Pages 45</i>
<i>Equip 7th grade</i>	<i>Pages 53</i>
<i>Explore 8th grade</i>	<i>Pages 45, 46, 48</i>
<i>Embark high school</i>	<i>Pages 52, 56</i>

Senate Bill No. 11

AN ACT relating to policies, procedures, and measures for school safety and mental health promotion in public schools and the creation of the Texas Child Mental Health Care Consortium. (3) strategies for improvement of student performance that include: (A) instructional methods for addressing the needs of student groups not achieving their full potential; (B) methods for addressing the needs of students for special programs, including: (i) suicide prevention programs, in accordance with Subchapter O-1, Chapter 161, Health and Safety Code, which includes a parental or guardian notification procedure; (ii) conflict resolution programs; (iii) violence prevention programs; and (iv) dyslexia treatment programs; (C) dropout reduction;

SECTION 7. Section 28.002, Education Code, is amended by amending Subsection (a) and adding Subsection (z) to read as follows: (B) health, with emphasis on: (i) physical health, including the importance of proper nutrition and exercise; (ii) mental health, including instruction about mental health conditions, substance abuse, skills to manage emotions, establishing and maintaining positive relationships, and responsible decision-making; and (iii) suicide prevention, including recognizing suicide-related risk factors and warning signs;

(c) The local school health advisory council's duties include recommending: (1) the number of hours of instruction to be provided in health education; (2) policies, procedures, strategies, and curriculum appropriate for specific grade levels designed to prevent obesity, cardiovascular disease, Type 2 diabetes, and mental health concerns, including suicide, through coordination of: (A) health education; (B) physical education and physical activity; (C) nutrition services; (D) parental involvement; (E) instruction to prevent the use of e-cigarettes, as defined by Section 161.081, Health and Safety Code, and tobacco;

Excursion 5th grade Pages: 55, 56, 57, 58, 59, 65, 70, 71, 72, 73

Envision 6th grade Pages: 54, 55, 57, 58, 60, 67, 68, 69, 70, 71

Equip 7th grade Pages: 59, 60, 61, 64, 67, 72, 74, 75

Explore 8th grade Pages: 59, 60, 61, 63, 64, 74, 75

Embark high school Pages: 64, 68, 69, 70, 77, 78, 79, 80

(9) the policy under Section 38.0041 addressing sexual abuse and other maltreatment of children; and (10) the trauma-informed care policy required under Section 38.036.

Excursion 5th grade Pages: 23, 35, 36, 37, 38, 85, 91

Envision 6th grade Pages: 22, 25, 29, 36, 37, 38, 55, 84, 85

Equip 7th grade Pages: 15, 27, 41, 42, 43, 44, 86, 87

Explore 8th grade Pages: 18, 39, 40, 41, 42, 43, 86, 88, 89

Embark high school Pages: 18, 29, 43, 44, 45, 46, 47, 89, 90

(6) strategies to increase parental awareness regarding: (A) risky behaviors and early warning signs of suicide risks and behavioral health concerns, including mental health disorders and substance use disorders; and (B) available community programs and services that address risky behaviors, suicide risks, and behavioral health concerns. (o) The local school health advisory council shall make policy recommendations to the district to increase parental awareness of suicide-related risk factors and warning signs and available community suicide prevention services.

The above topics are addressed during the ESTEEM 5th, 6th, 7th, 8th and high school Parent Training nights, including local and state resources.

(z) The State Board of Education by rule shall require each school district to incorporate instruction in digital citizenship into the district's curriculum, including information regarding the potential criminal consequences of cyberbullying. In this subsection: (1) "Cyberbullying" has the meaning assigned by Section 37.0832. (2) "Digital citizenship" means the standards of appropriate, responsible, and healthy online behavior, including the ability to access, analyze, evaluate, create, and act on all forms of digital communication.

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<i>Envision 6th grade</i>	<i>Pages: 10, 11, 12, 13, 14, 15, 16, 37</i>
<i>Equip 7th grade</i>	<i>Pages: 10, 11, 12, 13, 14, 15, 16, 17, 42</i>
<i>Explore 8th grade</i>	<i>Page: 10, 11, 12, 13, 14, 15, 16, 18, 19, 20</i>
<i>Embark high school</i>	<i>Pages: 10, 11, 12, 13, 14, 15, 16, 17, 18, 45</i>

(3) appropriate grade levels and methods of instruction for human sexuality instruction;

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<i>Envision 6th grade</i>	<i>Pages: 18, 19, 20, 21, 25, 26, 27, 28, 29</i>
<i>Equip 7th grade</i>	<i>Pages: 19, 20, 21, 22, 23, 24, 25, 26, 27, 29, 30, 31, 32, 33, 34, 35, 36, 37</i>
<i>Explore 8th grade</i>	<i>Pages: 22, 23, 24, 25, 26, 28, 29, 30, 31, 32, 33, 34</i>
<i>Embark high school</i>	<i>Pages: 20, 21, 22, 23, 24, 25, 26, 27, 28, 29, 32, 33, 34, 35, 36, 37, 38</i>

House Bill 1942

AN ACT relating to bullying in public schools. Section 21.451(d), Education Code, is amended to read as follows: (d) The staff development: (1) may include training in: (A) technology; (B) conflict resolution; [and] (C) discipline strategies, including classroom management, district discipline policies, and the student code of conduct adopted under Section 37.001 and Chapter 37; and (D) preventing, identifying, responding to, and reporting incidents of bullying; and (2) subject to Subsection (e), must include training based on scientifically based research, as defined by Section 9101,

<i>Excursion 5th grade</i>	<i>Pages: 12, 23, 59, 79, 80</i>
<i>Envision 6th grade</i>	<i>Pages: 13, 34, 47, 57, 58, 69, 71</i>
<i>Equip 7th grade</i>	<i>Pages: 17, 58, 64, 75, 79, 86, 87</i>
<i>Explore 8th grade</i>	<i>Pages: 17, 64, 67, 74, 75, 79, 87</i>
<i>Embark high school</i>	<i>Pages: 15, 45, 65, 67, 79, 80, 89, 90</i>

House Bill No. 18

AN ACT relating to consideration of the mental health of public school students in training requirements for certain school employees, curriculum requirements, counseling programs, educational programs, (i) suicide prevention programs, in accordance with Subchapter G [O-1], Chapter 38 [161, Health and Safety Code], which include [includes] a parental or guardian notification procedure; (ii) conflict resolution programs; (iii) violence prevention programs; and (iv) dyslexia treatment programs; (C) dropout reduction; (E) positive behavior interventions and support, including interventions and support that integrate best practices on grief-informed and trauma-informed care

(5) understanding appropriate relationships, boundaries, and communications between educators and students; and (6) Continuing education requirements for a classroom teacher may include instruction regarding how mental health conditions, including grief and trauma, affect student learning and behavior and how evidence-based, grief-informed, and trauma-informed strategies support the academic success of students affected by grief and trauma.

SECTION 1.07. Sections 28.002(a) and (r), Education Code, are amended to read as follows: (a) Each school district that offers kindergarten through grade 12 shall offer, as a required curriculum: (ii) mental health, including instruction about mental health conditions, substance abuse, skills to manage emotions, establishing and maintaining positive relationships, and responsible decision-making;

Sec. 38.351 [161.325]. MENTAL HEALTH PROMOTION AND INTERVENTION, SUBSTANCE ABUSE PREVENTION AND INTERVENTION, AND SUICIDE PREVENTION. (1) early mental health prevention and intervention; (2) building skills related to managing emotions, establishing and maintaining positive relationships, and responsible decision-making; (2) mental health promotion; (3) substance abuse prevention and intervention; (4) suicide prevention, intervention, and postvention; (5) grief-informed and trauma-informed practices; (6) positive school climate (7) positive behavior supports; positive youth development; and (9) safe, supportive, and positive school climate.

<i>Excursion 5th grade</i>	<i>Pages: 50, 51, 52, 53, 54, 55, 56, 58, 59, 60, 61, 62, 64, 65, 66, 67, 68, 69, 70, 71, 72, 73, 75, 76, 77, 79, 80, 87, 88, 89, 90</i>
<i>Envision 6th grade</i>	<i>Pages: 50, 51, 52, 53, 54, 55, 56, 57, 58, 60, 61, 62, 63, 64, 65, 66, 67, 68, 69, 70, 71, 74, 75, 76, 77, 78, 79, 88, 89, 90, 91</i>
<i>Equip 7th grade</i>	<i>Pages: 56, 57, 58, 59, 61, 62, 63, 64, 66, 67, 68, 69, 70, 71, 72, 73, 74, 75, 77, 68, 79, 80, 90, 91</i>
<i>Explore 8th grade</i>	<i>Pages: 55, 56, 57, 58, 59, 60, 62, 64, 66, 67, 68, 69, 70, 72, 73, 74, 75, 78, 91</i>
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(r) In adopting the essential knowledge and skills for the health curriculum under Subsection (a)(2)(B), the State Board of Education shall adopt essential knowledge and skills that address the science, risk factors, causes, dangers, consequences, signs, symptoms, and treatment of substance abuse, including the use of illegal drugs, abuse of prescription drugs, abuse of alcohol such as by binge drinking or other excessive drinking resulting in alcohol poisoning, inhaling solvents, and other forms of substance abuse

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<i>Equip 7th grade</i>	<i>Pages: 46, 47, 48, 49, 50, 51, 52, 53, 54</i>
<i>Explore 8th grade</i>	<i>Pages: 45, 46, 47, 48, 48, 49, 50, 51, 52, 53</i>
<i>Embark high school</i>	<i>Pages: 50, 51, 52, 53, 54, 55, 56, 57, 58</i>